

My high school reflection

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My High school Reflection

Student's Name

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Date

Instructor's Name

While growing up, I have often heard people saying that high school is the most important part of one's life. As a result, I joined high school with high expectations of realizing my full potential and utilizing my skills to do things that I enjoyed to do. However, I realized that all my classes were time-consuming, rigorous and somewhat stressful. The numerous activities involved in high school made it difficult to concentrate on my hobbies and also focus on my areas of interest.

While I do not regret the time I spent on handling academic tasks, I found it exhausting and time-consuming, and thus reducing the time I needed to do including long jumping, running 400 meters and hanging out with my friends. However, I did not realize that all I needed to do was to organize my schedules and create time for conducting non-academic activities. During my first year in high school I struggled to meet assignment deadlines and playing music. Given this, I realized that allocating one factor more time than the other would result in failure.

Further, upon joining my second year in high school, I came across various individuals who taught me that I could perform well in academics while enjoying my hobbies. As a result, I had to reduce my sleeping hours by one hour, since I initially used to sleep for eight hours. While adjusting to the new schedule was challenging, it offered me an opportunity to redefine my future, making me the person I am today.

Creating time for performing my non-academic activities did not only enhance my time-management, but it also helped me make memories, since I was able to spend much time with my friends. I utilized this opportunity to make new friends, hence increasing my friendship network. This aspect also gave me an opportunity to showcase my musical skills since the diverse network of friends acted as an audience for my music performance.

Today, my time-management skills have enabled me to meet deadlines and also create time for interacting with people from different walks of life. Contrary to many individuals, I found high school life challenging but beneficial since it shaped me to become what I am today. I believe that time-management is a critical aspect for any individual aspiring to perform different activities at the same time. While time wasted may never be recovered, I do not regret the struggles I went through before I adopted a new skill that continues to benefit me in my everyday activities.

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